

OUR MENU

Kids Menu

All Kids' Meals Served With A Small Fries & A Juice Box Or Water

- Kids Chicken Tenders 2 pcs Bite-sized crispy chicken tenders made for little hands. \$ 5.99
- Kids Grilled Cheese Melted american cheese on warm toasted bread. \$ 4.99
- Kids Turkey Sandwich Oven-roasted turkey and american cheese on a slice bread. \$ 6.99

Salads \$ 9.99

Sandwiches With Two Meats + \$ 1.99 • Avocado + \$ 1.49

- Royal Salad Romaine lettuce, cranberries, feta cheese, cherry tomatoes & white sauce.
- Halal Salad Romaine lettuce, halal chicken, red onions, feta, cherry tomatoes, cucumber & white sauce.
- Super Falafel Romaine lettuce, falafel, spinach, cherry tomatoes, onions & white sauce.
- Chicken Caesar Salad Romaine lettuce, grilled chicken, croutons, parmesan & Caesar dressing.
- Pacific Ocean Baby spinach, grilled shrimp, avocado, cherry tomato, carrot, green peppers & choice of dressing. +\$ 1.49
- Greek Salad Feta cheese, red onions, black olives, grape leaves, hard boiled egg, lettuce, tomato & choice of dressing.
- Tossed Salad 5 toppings & includes one meat.



Smoothies

Small \$ 7.99 Large \$ 9.99

- Nutty Banana Peanut butter, banana, cinnamon & almond milk.
- Sunrise Strawberry, blueberry, blackberry, banana & almond milk.
- Go Green Kale, spinach, pineapple & apple juice.
- HoneyMoon Strawberry, pineapple juice, almond milk & honey.
- Caribbean Mango & key fruit punch juice.
- Make Your Own Choose 3 fruits & 1 juice.



Protein Shake

Small \$ 8.99 Large \$ 9.99

- Chunky Monkey Chocolate whey protein, peanut butter, banana, honey & almond milk.
- Banana Oat Whey protein, oats, banana, strawberry, honey & almond milk.
- Chocolate Champ Chocolate protein, banana, peanut butter, chocolate chips & almond milk.
- Make Your Own Choose 3 fruits & 1 milk.



Fresh Juices

Small \$ 7.99 Large \$ 9.99

- Green Kale, spinach, celery, cucumber, lime & green apple.
- Red Beet, carrot, red apple, lemon & ginger.
- Orange Orange, carrot, red apple & pineapple.
- Yellow Pineapple, green apple, ginger, lemon & turmeric.
- Detox Power Carrot, green apple, cucumber, lemon & ginger.



Refreshers \$ 5.99

- Strawberry Lemon Fizz Strawberry puree, lemon juice & sparkling water over ice.
- Raspberry Lemon Cooler Raspberry syrup, lemon, mint & crushed ice.
- Dragon Fruit Mojito Dragon fruit, lemon, mint & soda water.

Sides

- Tenders 4 pcs Golden-fried tenders. \$ 6.99
- Mozzarella Sticks 6 pcs Golden-fried mozzarella sticks. \$ 5.99
- Onion Rings Thick-cut crispy onion rings served with zesty dipping sauce. \$ 4.99
- Curly Fries Seasoned spiral fries with ketchup or ranch on the side. \$ 4.99
- Sweet Potato Fries Crispy sweet potato fries & lightly salted. \$ 4.99
- Home Fries Seasoned diced potatoes, pan-fried to golden perfection. \$ 4.99
- Wedges Boldly seasoned potato wedges served with chipotle mayo. \$ 4.99
- French Fries Classic golden fries with your choice of ketchup or spicy mayo. \$ 3.99
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Quesadilla

- Chicken Quesadilla \$ 9.99
- Chipotle Chicken Quesadilla \$ 9.99
- Pesto Chicken Quesadilla \$ 9.99
- Steak Quesadilla \$ 9.99



Sandwich

- Corn Beef \$ 8.99
- Regular Turkey \$ 8.99
- Honey Glazed Turkey \$ 8.99
- Sweet Barbecue Turkey \$ 11.99
- Salsalito Turkey \$ 11.99
- Chipotle Turkey \$ 12.99
- Cajun Style Turkey \$ 12.99
- Wood Smoked Turkey \$ 8.99
- Turkey Ham \$ 8.99
- Chicken Teriyaki Breast \$ 8.99
- Beef Salami \$ 8.99
- Beef Bologna \$ 8.99
- Pastrami \$ 8.99
- Roast Beef \$ 8.99



Wings

- 6 Piece \$ 8.99
- 10 Piece \$ 13.99
- Combo \$ 11.99
- 6 Piece W/Fries \$ 11.99
- 10 Piece W/Fries \$ 16.99



House Special Sandwiches \$ 8.99 \$ 11.99 \$ 12.99

Sandwiches With Two Meats + \$ 1.99 • Avocado + \$ 1.49

- Cuban Turkey, ham, Swiss cheese, pickles, organic sauce & mustard.
- American Oven gold turkey, roast beef, Swiss, lettuce, tomato & mayo. + \$ 1.99
- BingBong Roast beef, pepper jack, onion, hot peppers & spicy mustard.
- Norfolk Lemon chicken, turkey bacon, Swiss, lettuce, tomato & mayo. + \$ 1.99
- Italian Stallion Salami, turkey & beef pepperoni, mozzarella, provolone, lettuce, tomato, oil & vinegar.
- Turkey Club Turkey, ham, bacon, Swiss cheese, lettuce, tomato & mayo.
- The Big Bang Chicken cutlet, bacon, melted cheddar & honey mustard.
- The Sergeant Chicken cutlet, pepper jack, grilled onions, spinach, tomatoes & chipotle mayo.
- Philly Cheesesteak Beef, provolone, lettuce, tomato & mayo.
- N.Y. Cheesesteak Beef, muenster, mushrooms, grilled onions, peppers & lettuce.
- Classic Cheesesteak Beef or chicken, American cheese, grilled onions, lettuce, tomato & mayo.
- Classic Chopped Cheese Chopped beef, American cheese, grilled onions, peppers, lettuce, tomato, ketchup & mayo.
- Mr. Chopped Cheese Chopped beef, provolone, grilled onions, spinach & avocado. + \$ 1.49
- Toney Beef bacon, turkey, banana peppers, Swiss cheese, spicy mustard, lettuce, tomato & mayo.
- Mother BLT Turkey ham, beef bacon, American cheese, lettuce, tomato & mayo. + \$ 1.99
- Lemon Chicken Lemon pepper grilled chicken, pepper jack, lettuce, tomato & mayo.
- Buffalo Hot Chicken Buffalo grilled chicken, provolone, lettuce, tomato & ranch.

Breakfast Platter

Includes Hash Brown Or Home Fries For 10.99

Classic Breakfast Sandwiches

- Egg Sandwich \$ 4.99
- Egg & Cheese \$ 5.49
- White Egg & Cheese \$ 5.99
- BLT \$ 6.99
- Pancakes Traditional \$ 9.99 With Strawberry Topping \$ 11.99
- Beef Bacon, Egg & Cheese \$ 6.99
- Turkey Bacon, Egg & Cheese \$ 6.99
- Beef Sausage, Egg & Cheese \$ 6.99
- Turkey Ham, Egg & Cheese \$ 6.99
- Cold Cut, Egg & Cheese \$ 6.99

Breakfast Roll \$ 8.99 Served All Day

Signature Breakfast Sandwiches

- Cave Man - \$ 9.99 Eggs, turkey ham, sausage, bacon & cheese.
- Grannie's Breakfast - \$ 6.99 Eggs & cheese with home potatoes.
- Protein Cutter - \$ 6.99 Egg whites, Swiss & grilled chicken.
- Western Omelet Plate - \$ 6.99 Turkey ham, onions & peppers.
- Healthy Omelet - \$ 6.99 Egg whites, onions & peppers.



Middle Eastern food

Platters (Over Rice Or Fries)

- Chicken \$ 12.99
- Lamb \$ 12.49
- Shrimp \$ 12.99
- Falafel (Veggie) Wrap \$ 8.99 / Rice \$ 11.99
- Mixed (Chicken & Lamb) \$ 14.99
- Wraps / Gyros \$ 8.99
- Chicken Gyro \$ 8.99
- Lamb Gyro \$ 8.99
- Falafel Wrap \$ 8.99



From The Grill

All Sandwiches Served With Lettuce, Tomatoes & House Sauce.

- Cheesburger Beef patty, american cheese, lettuce, tomato & mayo. \$ 6.99
- Bacon Cheesburger Beef patty, beef bacon & american cheese. \$ 8.99
- Grilled Cheese Classic American cheese grilled to perfection. \$ 4.49
- Philly Cheesesteak Beef, onions, peppers & cheese. Roll: \$ 8.99 I Hero: \$ 10.99
- Chop Cheese Chopped beef, cheese & grilled onions. Roll: \$ 8.99 I Hero: \$ 10.99
- Grilled Chicken Grilled marinated chicken, lettuce & tomato. Roll: \$ 8.99 I Hero: \$ 10.99
- Chicken Cutlet Crispy chicken cutlet, lettuce & tomato. Roll: \$ 10.99 I Hero: \$ 12.99
- The Loaded Philly Beef slices, provolone, grilled onions, peppers, home fries & chipotle sauce. Roll: \$ 7.99 I Hero: \$ 10.99
- The Gentle Philly Beef slices, white cheddar, caramelized onion, ranch, tomato & lettuce. Roll: \$ 7.99 I Hero: \$ 10.99
- Smokey Royal Beef patty, beef bacon, cheddar cheese, onion rings, BBQ sauce, on a buttered bun.



Paninis \$ 12.99

Sandwiches With Two Meats + \$ 1.99 • Avocado + \$ 1.49

- Tuna Melt Tuna, melted cheddar, lettuce & tomato.
- Monte Cristo Turkey, buffalo chicken, cheddar, muenster cheese.
- La Club Grilled chicken, roasted peppers, pesto, mozzarella & spinach.
- Patty Mayo Spicy turkey, spicy cheese, jalapeños & chipotle mayo.
- Cr7 Buffalo chicken, muenster cheese, beef bacon & chipotle mayo.
- Turkey Club Cracked pepper turkey, Swiss, bacon, lettuce, tomato & mayo.
- Chicken Parmigiana Breaded chicken, mozzarella & honey mustard.
- Balsamic Chicken Balsamic grilled chicken, avocado, mozzarella, tomato, spinach & balsamic dressing. + \$ 1.49
- Smoked Turkey Smoked turkey, mozzarella & honey mustard.
- Chicken Melt Spicy chicken, tomatoes, mozzarella, roasted peppers & Caesar dressing.
- Funky Monkey Honey turkey, turkey ham, muenster, honey mustard & green apple.
- Vegi-Nimi Falafel, humus, cucumber, tomato & red onions.



Loaded fries

- Chopped Cheese Fries Ground beef, melted cheese, grilled onions, peppers, ketchup & mayo sauce. \$ 9.99
- Chicken Loaded Fries Grilled chicken, garlic sauce, peppers, onions & white sauce. \$ 9.99
- Lamb Loaded Fries Lamb gyro, tahini, grilled onions, tomatoes, parsley & hot sauce. \$ 10.99
- Steak Loaded Fries Thin steak, jalapeños, chipotle mayo, caramelized onions & cheddar. \$ 9.99
- Buffalo Chicken Fries Buffalo chicken, ranch, cheddar & scallions. \$ 8.99
- Animal Style Fries Melted cheese, grilled onions, housemade sauce over fries.



Loaded Chip Bag Specials

Bag Sizes: Medium \$ 11.99 • Large \$ 13.99

- Grilled Chicken Chip Bag Grilled chicken, onions, peppers, corn & white sauce inside your chip bag.
- Spicy Chicken Chip Bag Spicy chicken, jalapeños, grilled onions, chipotle mayo & spinach.
- Chopped Cheese Chip Bag Ground beef, cheese, onions, peppers, ketchup & mayo mix.
- Beef Chip Bag Marinated beef, onions, hot peppers & garlic sauce.
- Lamb Chip Bag Lamb gyro, tahini, onions, parsley & roasted peppers.
- Chopped Cheese Special Chopped beef, onions, green peppers, lettuce, cheddar cheese & white sauce.



35¢ For Any Vegetable Add On's